



# TENNIS NEWSLETTER

## December 30, 2024

Happy New Year everyone and here's hoping that it's healthy and safe.

It would be great if you could start the year with new tennis gear like grip , strings, shoes etc. Many of you play more than once a week and new equipment would benefit you. In regards to that don't forget to check out the demo day on Tuesday the 7th that Pro-Am tennis is providing. This coincides with the Welcome Back Clinic that goes Monday thru Thursday at 11am each day. This is followed by the Doubles Social on January 11th at 4pm. You can register for both events on Chelsea.

The drop-ins continue with the ladies Monday and Friday at 8am-9.30am, and men Tuesday, Thursday and Saturday same time.

Tip of the week: Last week we talked about the location of your shots which is extremely important and this week I want to emphasize the importance of where you position yourself on the court. Knowing where to be on the court is crucial when the point is being played. The area between the service line and baseline is called no man's land. In simple terms play the point from either behind the baseline or inside the service box because those are positions of strength. Playing in no man's land makes you vulnerable and easily attacked. Have a great New Year!